



Montana Healthcare Programs Provider Notice

February 4, 2025

Effective January 1, 2025

Update

All Providers

Health Behavior Assessment and Intervention Billing Codes

The health behavior assessment and intervention billing codes require a primary health diagnosis; therefore, these codes are only billable by the following licensed practitioners: social workers, marriage and family therapists, professional counselors, psychologists, physicians, mid-level practitioners, and psychiatrists.

As described in the American Medical Association (AMA) 2021 Current Procedure Terminology (CPT), Professional Edition, this provider notice pertains to the following codes:

- CPT 96156 – Health behavior assessment or reassessment
- CPT 96158 – Health behavior intervention, individual, initial 30 minutes
- CPT 96159 – Each additional 15 minutes
- CPT 96164 – Health behavior intervention, group, initial 30 minutes
- CPT 96165 – Each additional 15 minutes
- CPT 96167 – Health behavior intervention, family with patient present, initial 30 minutes
- CPT 96168 – Each additional 15 minutes

Health behavior assessment and intervention services are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of physical health problems.

This means the member's primary diagnosis must be physical in nature and the focus is on the factors complicating medical conditions and treatments. These codes describe assessments and interventions to improve the member's health and well-being using psychological and/or psychosocial / interventions designed to improve specific physical disease related problems.

Contact and Website Information

For more information, please contact Chelsey Hallsten, Medicaid Waiver and State Plan Program Specialist, Behavior Health and Developmental Disabilities – Adult Mental Health at (406) 444-9330 or email Chelsey.Hallsten@mt.gov.

For claims questions or additional information, contact Montana Provider Relations at (800) 624-3958 or (406) 442-1837 or email [Montana Provider Relations Helpdesk](#).

Visit the [Montana Healthcare Programs Provider Information website](#) to access your provider type page. Choose Resources by Provider Type in the left-hand menu.

Visit the [Contact Us page](#) on the Provider Information website for additional DPHHS contact numbers.