



Community First Choice/Personal Assistance Services

Tribal monthly Medicaid teleconference
September 2018

Abby Holm, CFC program manager

Programs Managed by the Community Services Bureau

- Personal Assistance Services (State Plan)
 - Self-Directed and Agency Based
- Community First Choice (State Plan)
 - Self-Directed and Agency Based
- Home Health (State Plan)
- Hospice (State Plan)
- Big Sky Waiver (Waiver)



Personal Assistance Services (PAS) and Community First Choice (CFC)

Medically necessary in-home services provided to consumers whose acute or chronic health problems cause them to have functional limitations in performing activities of daily living.





Community First Choice (CFC)

- Program start date July 2014
- Personal Assistance Services PLUS+
 - ± Expanded service options
 - ± Person Centered Planning Framework
 - ± Coordinated care with Home and Community Based (HCBS) waiver
- 95% of consumers receive CFC



Service Delivery Options

- Agency Based Model
 - Traditional model
 - Nurse Supervision
 - Agency trains and schedules attendants
- Self-direct model
 - Agency provides oversight and pays attendants
 - Consumer responsible for hiring, training and scheduling attendants



PAS/CFC: FY 17

- Program Expenditures: Over 45 million dollars
- Over 3,000 consumers served every year
- Average of 12-17 hours of service authorized per week
- 55% of members select self-direct option

PAS/CFC:

ADLs/IADLs



Activities of Daily Living (ADLs)

Bathing, dressing, grooming, toileting, transferring, positioning, mobility, meal preparation, eating, exercise, medication assistance. *Medicaid member must have ADL needs to qualify for the program.*



Incidental Activities of Daily Living (IADLs)

Light housekeeping, laundry, shopping. *IADL services are limited, depending on the ADL needs.*



Medical Escort

For Medicaid members who need assistance en route or at the destination of medical appointments

Self Directed Health Maintenance Activities

- Self-Directed Service Options
 - Four skilled activities exempt from nurse practice act
 - Consumer trains and directs services; with health care approval
 - Wound Care
 - Bowel Care
 - Urinary System Management
 - Medication Administration

PAS/CFC: CFC



Members who meet **level of care (LOC) criteria** qualify for CFC and may be eligible for additional services if medically appropriate:

- Personal Emergency Response System (PERS)
- Community integration
- Yard hazard removal
- Correspondence assistance



Everyone **approved for PAS** is **automatically reviewed for CFC**.



State Plan

PAS/CFC is a "State Plan," entitlement Medicaid Program.



Restrictions

Because it is a state plan program, there are a number of restrictions as to what can be authorized/provided.

PAS/CFC



Hands-On Care

Hands-on care is the focus.



Medicaid Member

Current Medicaid eligibility is required before a referral can be taken.

PAS/CFC Referral

Make a referral

Call a local agency or call Mountain-Pacific toll-free at 1-800-268-1145.

Member home visit

Mountain-Pacific nurse travels to Medicaid member's home for **onsite assessment of member's needs** and authorize medically necessary care.

Nurse sends authorization

The **nurse's authorization is sent to agency** of member's choice.

Questions?

If questions or concerns, please call Mountain-Pacific Medicaid Services Navigator at (406) 457-5849.

Service Limits



- Bathing limit – 3 times a week
- Total Time:
 - 84 total hours for two weeks –PAS
 - Medical Escort may exceed this limit
- IADL tasks-
 - Cannot exceed 1/3 of total time or exceed the following for a two week time period or six (6) hours, whichever is greater

CFC/PAS Service Setting



- Person who lives in assisted living, nursing home, hospital and group home not eligible for CFC/PAS
- Services must be delivered in the member's home
 - Exceptions:
 - Shopping
 - Medical Appointments
 - Walking outside around the home for exercise
 - Community Integration

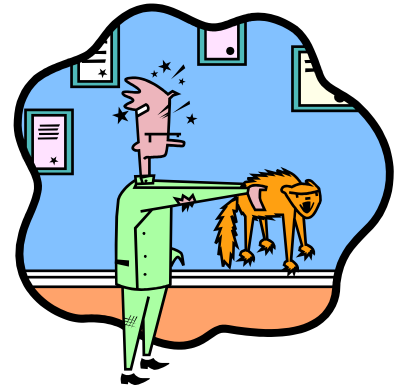
CFC/PAS Medicaid Providers

- There are 40+ CFC/PAS providers in the state
 - Provider agency may provide only agency-based or self-direct option
 - Provider agency may provide both options
 - Providers select county/reservation to cover or statewide
 - Many CFC/PAS providers also provide Big Sky and SDMI waiver services

Who is excluded from being paid under the CFC/PAS program?

- Parent of a minor child (less than 18 years of age)
- Legally involved representatives, including husband and wife
- Personal Representative (PR) acting on behalf of member in the self-directed program

Note: A guardian can be paid



PAS and CFC Provider Enrollment

- Provider must complete Medicaid application
 - Montana Medicaid Website-
<https://medicaidprovider.mt.gov/>
- Provide verification of worker's compensation coverage, unemployment insurance, liability insurance and automobile insurance to the CFC program manager
- Attend certification training
 - CFC 101 and Person Centered Planning
- On-Site Verification

CFC/PAS Billing and Reimbursement

- Fees published on the Medicaid Provider website and noticed through the administrative rule process
 - <https://medicaidprovider.mt.gov/12#186732869>
-fee-schedules--community-first-choice
- PAS and CFC providers bill for direct service in 15 minute increments
 - 1 unit=15 minutes
- Service rate includes all agency costs; including administrative costs, staffing, planning and coordination



CFC/PAS and Big Sky Waiver Billing

- Paula Soll
- 406-444-4142
- psoll@mt.gov



CFC Council

- CFC Council comprised of advocates for people with disabilities and the elderly and CFC members
- Advise the Department of Public Health and Human Services
- Open Positions
 - Contact Abby Holm
 - Contact info on last slide

Medicaid Home Health

Intermittent and part-time skilled nursing or therapy services:

- Skilled nursing
- Physical, Speech and Occupational therapy
- Home Health Aides
- Specialized Equipment
- Prior authorization required, conducted by MPQH
1-800-219-7035 or fax (800) 413-3890



Medicaid Hospice

Palliative care program for recipients with terminal illness;

- Must be certified by a physician to have a life expectancy of less than 6 months
- A member selects hospice and waives all Medicaid benefits related to curative care
- May be concurrently enrolled in other programs (PAS, Waiver, etc)
- May receive hospice in a nursing facility

Questions



CFC/PAS:

Email: abholm@mt.gov

Phone: 406-444-4564

Hospice and Home Health:

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